



## Overcoming Sin

## At Home Study Guide

For the week of January 31, 2016

John makes it very clear in 1 John 1:5-10 that God's light exposes the darkness of our sin. As we walk in the light of God's love, that light exposes our sin and Jesus' blood cleanses us from sin. He alone is the path to purity. The church receiving the letter of 1 John was being torn apart by people from within and those from without. John reminded the believers that the foundation of their fellowship is Jesus. For some, they departed from this by believing a lie that they were without sin. To say that we are without sin is to deceive ourselves. We experience being made clean when we confess our sins.

- Was there anything that surprised you or stood out to you from the message on Sunday?
- According to 1 John 1:5-10, what is one way to test if God's Word is in us?
- Read Hebrews 9. Why is the blood of Christ important for the forgiveness of sin? Give special attention to vv. 14, 22, 27-28.
- In what areas of your life are you most tempted to believe you are without sin (1 John 1:8)?
- We must remind ourselves regularly that Jesus is faithful and just to cleanse us from all unrighteousness when we confess our sin to Him. In what area is the light of Christ shining to expose the darkness of your heart so that you may be free?



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