

Taking It Home:

- Be sure to check out the Prayer @Home Guide that was inserted in the Bethel Weekly this week. This guide is filled with great information about how to be more intentional in prayer.
- This week, take the 7-5-2 prayer challenge. Next week, bring feedback to your group about what you experienced:

7 – Pray seven days a week individually for your spouse, kids, grandkids, parents, siblings, etc.

5 – Pray five times a week (including meals & bedtime) as a family

2 – Pray at least two times a week with your spouse.

- Brainstorm several prayer triggers that may help you pray more consistently this week. One of yours might be that when you hear an ambulance siren you will pray for the workers and the one in need.
- Consider memorizing the Disciples' prayer in Matthew 6:9-13.

Recommended Resources:

- "52 Ways to Teach Children to Pray" by Nancy S. Williamson
- "What Happens When I Talk to God? The Power of Prayer for Boys and Girls" by Stormie Omartian
- "Alone with God" by John Macarthur
- "Handle with Prayer" by Charles Stanley
- "Thirsting for God" by Gary Thomas

Prayer @Home

Notes:

God, I love you because...

Thank you God for ...

God, please help ...

God, I'm sorry for ...

