



BETHELCHURCH

Praise the Lord
Psalms: Teach us to Pray
Psalm 146:1-10
Pastor Paul Bond

Praise the Lord

At Home Study Guide

For the week of July 10, 2016

The last 5 Psalms, Psalms 146 to 150, are called the Halal Psalms. The Hebrew Word *Halal* is the English word **Hallelujah**. Thus Praise, *Halal*, means, **“to be bright; to shine forth; to celebrate and to glorify.”** Each of the first and last verses of Psalms 146 through 150 starts and ends with the word *Halal*, or Praise the LORD. King David is supposed to have written Psalm 146 through Psalm 150. These ending Psalms are like a musical “crescendo,” providing a “building up” through a powerful literary thrust demonstrating the transcendent Creator, omnipotent, omniscient, omnipresent and sovereign, LORD God. The closing of the Book of Psalms, the *Halal Psalms*, starting with Psalm 146, draws the reader into a Praise to the LORD for being a believer’s living Hope, Creator, Savior, Protector, Helper and giver of Eternal Life to His people.

- In what ways have you, or do you, praise God for all things, good and bad? If God is Sovereign over all things, including your life, is He allowing you to experience good experiences in your life as well as suffer through trials, troubles, and problems throughout your journey of life? How should believers respond when they face troubles and trials in this lifetime? **READ and Interpret: Phil. 4:4-7; 1 Thess. 5:16-18; James 1:2-4.**
- According to Psalm 146:3-4, why is it foolish to place your trust upon mortal men and the things of this world rather than placing your trust upon God? **READ and Interpret: Prov. 3:5-6; Matt. 6:24; Gal. 1:10; 1 Timothy 6:7; James 4:4. 1 John 2:15-17.**
- **READ Psalm 146:5-8.** Why should believers place all their **HOPE** in the Lord as Savior? Interpret verses 5 through 8 and write down the reasons why a believers **HOPE** is only in the LORD God. **Also READ and interpret: Ps. 39:7; Rom. 15:13; 1 Thess. 5:8; Titus 3:7; 1 Pet. 1:3 & Rev. 14:7.**
- The Hebrew word “protects” in Ps. 146:9, means **“To place a guard; to put a hedge around something; and to preserve and keep safe.”** What are God’s promises of His protection for His children, genuine believers? **READ and interpret: Ps. 27:1; 28:7-8; Phil. 4:7; 1 Pet. 1:5.**
- When troubles come upon you, are you bitter, or better? knowing God is sovereign over your life how should you face troubles when they come? How can your life be a song of continuous Praise for everyone who comes into contact with you? **Cf. Acts 16:22-25; James 1:2-4; 1 Peter 1:6-7.**

For more information about Growth Groups, the At Home Study Guide, and a podcast of sermons with study guide, visit www.bethelch.com.



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