

SOCIAL MEDIA TALK

Healthy Living in a Plugged-in World

OCTOBER 28 | 6:30 – 8:00PM | BETHEL CHURCH-FARGO
(IN-PERSON & LIVE STREAM *at live.bethelch.com*)

We all have been there . . .

. . . scrolling through the vortex of SOCIAL MEDIA.

Two words that connect people around the world, but many times we feel more alone than ever before. We invite you to hear from four distinguished speakers who will share their expertise on *how to balance social media and life; mentally, relationally, and spiritually.*



DR. STEFANIE HANISCH
Impact of Social Media
on Mental Health



PASTOR STEVEN & SARAH DUNKEL
Impact of Social Media
on Relational Health



PASTOR SETH DUNHAM
Impact of Social Media
on Spiritual Health

No registration required for this **FREE EVENT**. All ages are welcome.
For more information visit bethelch.com/socialmedia

