

# SOCIAL MEDIA TALK

*Healthy Living in a Plugged-in World*

**OCTOBER 28 | 6:30 – 8:00PM | BETHEL CHURCH-FARGO**  
**(IN-PERSON & LIVE STREAM at [live.bethelch.com](https://live.bethelch.com))**



**DR. STEFANIE HANISCH**  
Impact of Social Media  
on Mental Health



**PASTOR STEVEN & SARAH DUNKEL**  
Impact of Social Media  
on Relational Health



**PASTOR SETH DUNHAM**  
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**We all have been there ...**  
**... scrolling through the vortex of SOCIAL MEDIA.**

Two words that connect people around the world, but many times we feel more alone than ever before. We invite you to hear from four distinguished speakers who will share their expertise on *how to balance social media and life; mentally, relationally, and spiritually.*



No registration required for this **FREE EVENT**.  
All ages are welcome.

For more information visit [bethelhc.com/socialmedia](http://bethelhc.com/socialmedia)



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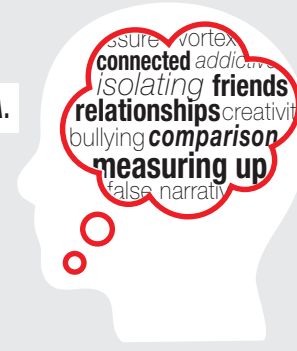
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