

Be Content

Scripture: Philippians 4:12–14

1. Contentment doesn't change your circumstances; contentment changes you.
(v 12)

2. Contentment comes from believing God's promises. (v 13)

3. Contentment is found in Christ alone, but contentment isn't found alone.
(v 14)

ONE THING

Memorize the Serenity Prayer:

“God, grant me the serenity to accept the things I cannot change,
the courage to change the things I can,
and the wisdom to know the difference.”

At Home Study Guide

For the week of July 5, 2020

The Bible gives simple instructions on how to live. Ephesians 5:1-2 keeps it simple, instructing us to be imitators of God and walk in love. How do we practically live that out? Follow along as we consider a new truth each week to help us live as God's dearly loved children.

1. Why do you think you lack contentment?
2. Paul had a great deal of circumstances that would lead to being discontent (see v.12). He learned, though, to not depend on circumstances. What in your life has taught you to face discontentment differently?
3. God uses difficulty to help us grow in maturity. Look back in your past and consider what events have strengthened you.
4. Contentment depends upon our trust in God and his strength. Memorize Phil. 4:13 or another verse that can help you trust God more fully in difficult times.

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