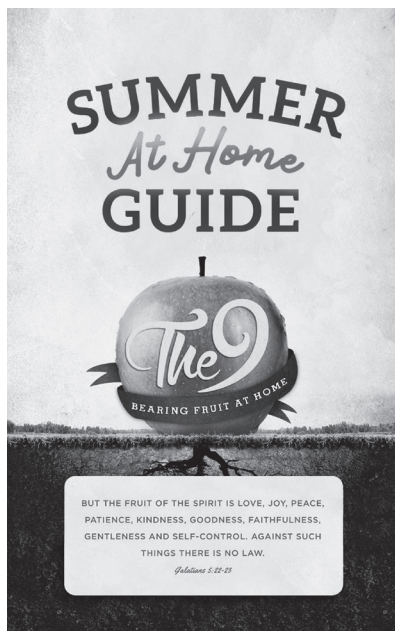


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ONE THING

An elephant's trunk contains more than 40,000 muscles and weighs 250 pounds, and is strong enough to uproot trees and gentle enough to pick one blade of grass.

Be gentle: Don't uproot trees; pick grass.

Philippians 4:5 - *Let your gentleness be evident to all. The Lord is near.*